

2026 ILPQC Trauma-Informed Care Workshop

Presented by: Tracey Vogel, MD

Overview

Join ILPQC for an immersive and interactive workshop covering the basics of trauma-informed and collaborative care in the obstetric setting. This program utilizes various learning platforms to present the material:

- Didactic Lectures: Introduction to psychological trauma and its relevance in the peripartum period, along with communication strategies for optimal outcomes
- Case Exploration: Small group discussions to address perspective taking and management of acute stress responses.
- Simulation Exercises: Practical exercises to reinforce new skills in a variety of challenging scenarios

Final Debriefing

Time will be allocated for final debriefing, questions, self-care, and reflection prior to the completion of the workshop.

Objectives

1. Realize the widespread impact of trauma in our society and identify sources of trauma in our patients with a focus on the obstetric patient and their family
2. Recognize signs and symptoms of unresolved psychological trauma in patients and providers
3. Apply evidence-based communication strategies to establish patient trust and co-create culturally responsive care plans.
4. Demonstrate ability to explain risks and benefits to patients ensuring their understanding and validating their perspectives, while discussing alternative approaches to care that are mutually acceptable to all
5. Demonstrate tangible skills to prevent traumatizing and re-traumatizing patients
6. Understand the core principles of Trauma-informed Care



DATES

7/15/26 & 9/10/26

8:00 AM - 12:00 PM

(Two Additional offerings in Central IL TBD)

LOCATION

Glenbrook Hospital
John and Carol Walter
Ambulatory Care Center
2180 Pfingsten Road
Glenview, IL, 60026

REGISTRATION



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Illinois State Medical Society (ISMS) through the joint providership of Endeavor Health: Edward-Elmhurst Hospitals and Illinois Perinatal Quality Collaborative (ILPQC). Endeavor Health: Edward-Elmhurst Hospitals is accredited by the ISMS to provide continuing medical education for physicians. Endeavor Health: Edward-Elmhurst Hospitals designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.